



Whiteley Wanderers Youth FC



CHARTER STANDARD
COMMUNITY CLUB

Whiteley Wanderers Covid-19 Guidelines & Risk Assessment

Further to the FA Guidance issued on 18th July 2020 regarding re-starting outdoor competitive grassroots football – the club has produced this document to highlight the responsibilities for players, coaches, and parents to ensure a safe return to football.

We must stress that these are strict guidelines – and cannot be manipulated under any circumstances. The safety and wellbeing of all our members is our number 1 priority as we map a pathway back to playing football. If you are not able to comply or do not feel comfortable with these then please do not attend any session. If for any reason any of these guidelines are repeatedly broken the session **MUST / WILL** be terminated.

This document will be amended / changed by the club as guidance from the FA is updated.

PLAYERS

- Must not attend sessions if suffering from symptoms of Covid-19 (this includes members of same household)
- Must complete Self Screening Check PRIOR to attending any football activity – training or match to support the NHS test and trace protocol
- Must maintain social distance of 2 metres from anyone outside of their household where possible
- Must bring their own drink to training in a disposable bottle (this must be taken home at the end of the session)
- Must sanitise hands before and after training
- Participants must not spit and should avoid shouting or raising their voices when facing each other, as detailed in The FA Covid-19 Code of Behaviour
- When the ball goes out of play, it should not be retrieved by non-participants and should be retrieved using the feet rather than the hands where possible
- Set plays: players are encouraged to avoid unnecessarily long set-up or close marking. Other modifications apply to specific situations, such as goal celebrations being discouraged
- Must limit use of other equipment unless instructed by coach
- Must use designated coned area to leave clothing / bottles / receive instructions from manager / coach
- Only attend sessions if happy to do so – do not be pressured into going by anyone
- Must listen and adhere to the managers / coach's instructions at all times
- After any football activity ensure ALL kit is washed and shower / bath when home

COACHES

- Coaches should re-acquaint themselves with all safeguarding policies and procedures
- Must not attend sessions if suffering from symptoms of Covid-19 (this includes members of same household)
- All players **MUST** be registered on arrival by manager/coach and the Club Self Screening & Attendance Register completed for every football activity and be retained for a minimum of 21 days to support the NHS test and trace protocol
- Must bring their own drink to training in a disposable bottle (this must be taken home at the end of the session)
- Ensure hand sanitiser is provided and used for all players attending / drinks breaks / leaving sessions
- The sharing of kit and equipment should be avoided, but where equipment is shared, it must be cleaned before use by another person
- Goal posts and corner poles should be wiped down before, during, and after all football activity
- Do not give lifts to anyone outside of household to sessions unless part of social bubbles as per Government Guidelines
- Arrive at venue 10 minutes before session start time to mark out pitch / prepare for arrival of players & parents
- Only train in groups of **30 maximum (includes coaches / helpers)** with 1 x FA Level 1 qualified coach / adequate CRC validated help in correct ratios as published by the FA
- Competitive training can take place for all participants, in an outdoor setting provided this takes place in groups of no more than 30 (including coaches)
- Competitive match play is permitted, with social distancing in place before and after the session, and in any breaks in play
- Coaches are encouraged to limit persistent proximity of participants during match play and training
- When the ball goes out of play, it should not be retrieved by non-participants and should be retrieved using the feet rather than the hands where possible
- Must cone off area for parents / guardians to stand during sessions. Groups of parents of no more than 6 in a



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group and social distancing must be maintained at all times

- Ensure PPE is used (face mask / gloves) when treating injuries whereby social distancing cannot be maintained
- Ensure you have left venue within 10 minutes of session ending (do not run overrun sessions)
- Do not be pressured to run sessions by players / parents if not comfortable with guidelines
- First Aid kit containing gloves and face masks must be available at all times sessions are running, no kit containing gloves and masks – no session

PARENTS / GUARDIANS

- Must not attend sessions if suffering from symptoms of Covid-19 (this includes members of same household)
- Must perform Self Screening Check before attending any football activity for their child and themselves to support the NHS test and trace protocol
- Must maintain social distance of 2 metres from anyone outside my household staying in designated marked area with groups no more than 6 people
- When the ball goes out of play, it should not be retrieved by non-participants and should be retrieved using the feet rather than the hands where possible.
- Must ensure your child(ren) arrive promptly before each session and leave promptly at the end
- Watch and monitor your child throughout session
- Must not offer lifts to and from sessions for other players from different households unless part of social 'bubbles' as per Government Guidelines
- Follow Government guidance for travel, including minimising use of public transport.
- If possible, avoid bringing younger siblings to spectate
- After any football activity ensure ALL children's kit is washed and they shower / bath when home
- Do not be pressured to send your child / attend sessions if not comfortable with guidelines

Additional guidance can be found using the following links or contact the Club Covid-19 Officer (Simon Ede)

<http://www.hampshirefa.com/news/2020/jul/18/the-fa-issues-guidelines-for-the-return-of-outdoor-competitive-grassroots-football>

<https://www.gov.uk/guidance/nhs-test-and-trace-how-it-works>

<https://www.gov.uk/government/publications/staying-alert-and-safe-social-distancing>

RISK ASSESSMENT

RISK	HIGH	MED	LOW	CONTROL MEASURE
Arrival at the venue (Whiteley Primary School & Meadowside)			X	<p>Risk assessment MUST be shared with parents/ guardians before the first training session and written consent by way of completed electronic Google Form stating the risk assessment / guidance / club documents has been read must be obtained before the players can participate.</p> <p>Parents must ensure their dependent does NOT SHOW ANY Covid-19 symptoms - if they do, they must NOT take part in the training. Self-Screening Checks MUST be performed PRIOR to any football activity</p> <p>Players and Parents to ensure hands are sanitised prior to arrival.</p> <p>Players and Parents to be prompt to their arrival slot to avoid congestion and risk reducing the social distancing (5 minutes before scheduled time no earlier as other teams may be leaving the venue).</p>



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			<p>Players & Parents to enter the training ground ensuring the 2m social distance is maintained.</p> <p>Parents to position themselves at least 2m away from training area (in designated area) whilst also maintaining social distancing between others in groups no larger than 6 people</p> <p>There are no toilets available at the school during evening use - if any parent / player needs the toilet they must BOTH leave the session and return home to use the facilities in their homes.</p> <p>Please note: this risk assessment runs alongside all other safeguarding documents in place including the fact that parents should be present for all mini soccer training sessions.</p>
Player & Parent distancing measures		X	<p>Ensure there are maximum of 30 (players and coaches) per FA Level 1 Qualified Coach / CRC validated helper following FA ratio guidelines relevant to age group</p> <p>Provide each player with their own designated space / cone to leave clothing / drinks and receive groups instructions from.</p> <p>Clear distancing instructions given by coach / manager at the beginning of each session - these will need reiterating throughout the session.</p> <p>Water-bottles used must be disposable / washable and players own property will need to be in their designated space / area and must be removed and disposed of at home.</p> <p>If a player breaks any of these measures during the training, the coach should immediately remind the player.</p>
Use of Equipment		X	<p>Restrict the use of equipment where possible</p> <p>The sharing of kit and equipment should be avoided, but where equipment is shared, it must be cleaned before use by another person</p> <p>Goal posts and corner poles should be wiped down before, during, and after all football activity</p> <p>If Bib's are used ensure these are washed after each activity</p>
Event of an illness/ injury		X	<p>All first aid kits need thorough checking to ensure they have all necessary equipment including gloves and masks.</p> <p>In the first instance for minor injuries the player will need to administer their own treatment with a parent / guardian under the guidance of the coach / manager.</p> <p>If a coach / manager assists with First Aid and social distancing cannot be avoided a face mask and disposable gloves MUST be worn. Hand sanitisation of all involved must be adhered to after the injury has been dealt with and any equipment used must be sanitised or disposed of.</p> <p>For more serious injuries, parents / guardians must take player to A&E or ambulance called. Normal protocol will apply to serious injury that require immediate and urgent medical assistance.</p>



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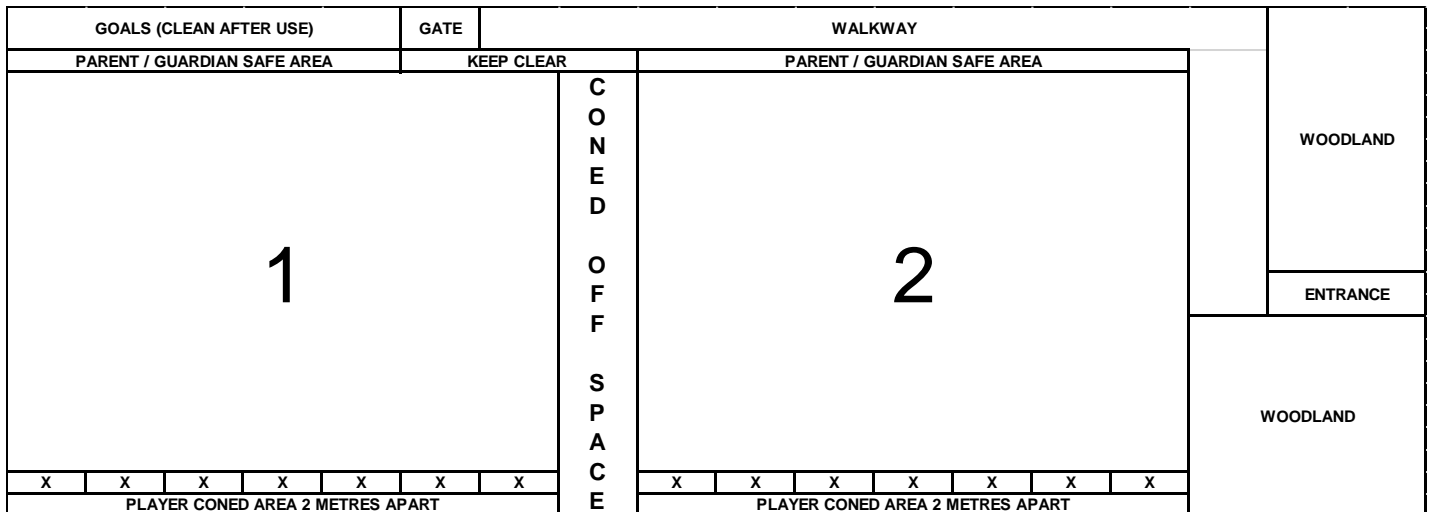


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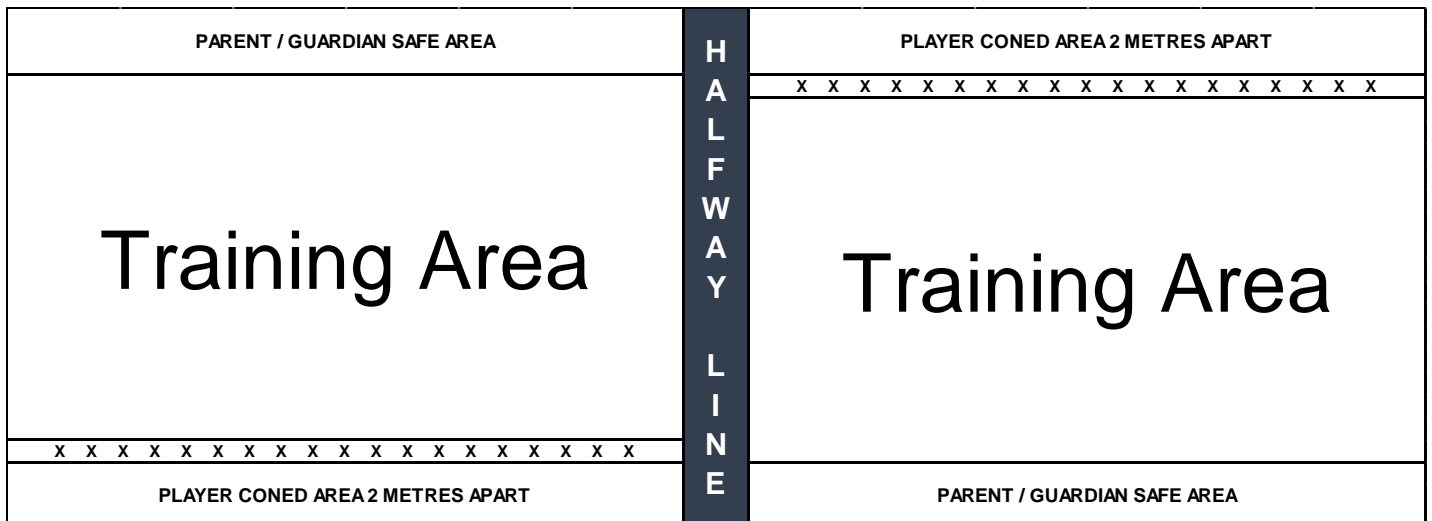
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Departure			X	<p>Coach to send players back to parents / away from the training ground in a staggered fashion but promptly at designated finish time.</p> <p>Players & Parents to leave the ground maintaining social distancing in a prompt fashion to prepare for the next team to arrive and set up.</p> <p>ALL equipment must be thoroughly cleaned using anti- bacterial products after the session (before being used again) this includes any goal posts used.</p> <p>Players & Parents to ensure hands are washed as soon as possible and ideally on departure from the venue.</p>
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PITCH PLAN (Whiteley Primary)



PITCH PLAN (Meadowside)



BASED ON 1 X PITCH - 2 X TEAMS SHARING
 OUTSIDE PERIMETER MARKED OUT WITH CONES
 IF MORE THAN 20 PLAYERS THEN ENTIRE PITCH TO BE BOOKED